

LUNCH & SUPPER MEAL PATTERN FOR SFSP

EMERGENCY FEEDING DURING SCHOOL CLOSURES

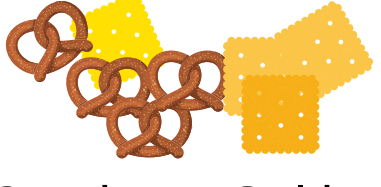
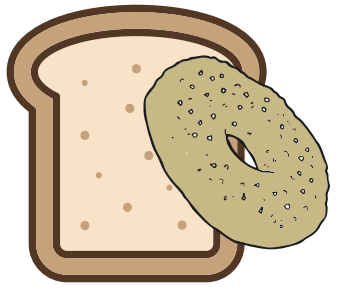



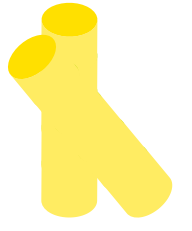

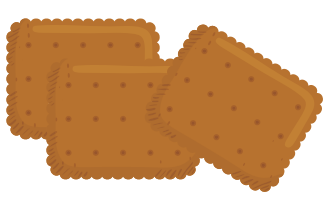

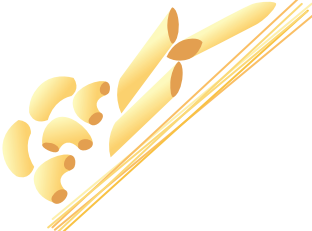
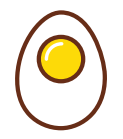

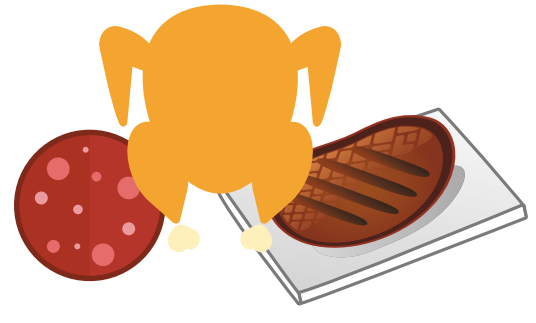

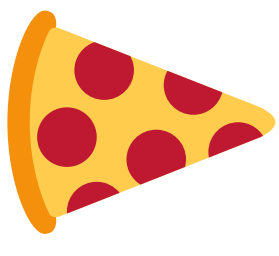

NOTE this menu is SERVE ALL and is not for implementing Offer Vs Serve

A complete reimbursable SFSP EMERGENCY LUNCH:


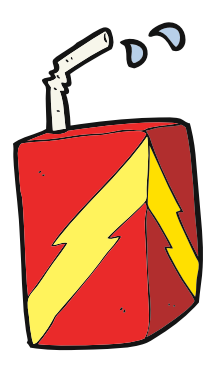
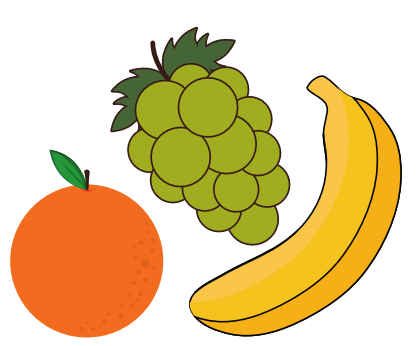

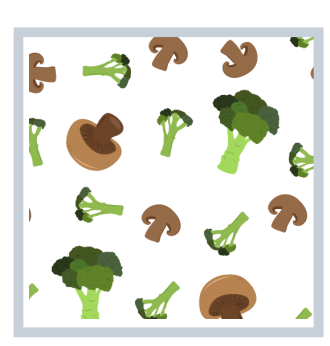
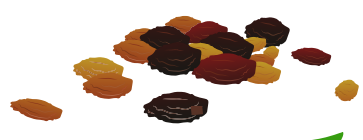
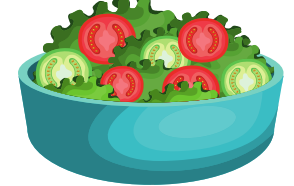
1. Entree: 1 Oz Eq Grain & 2 Oz Eq Meat

Grain must be whole grain or enriched and be 1 oz equivalent or weigh the minimum "serving" below.

NOT ALLOWED: Cookies, Vanilla Wafers, Cereal bars, Breakfast Bars, Granola Bars, Donuts, Cake, Brownies

 Crackers, Saltines, Croutons, Hard Pretzels 0.7 oz	 Bread, Buns, Mini Bagel, Roll, 0.9 oz	 White or Brown Rice 1/2 cup cooked	 Peanut Butter Sunflower Butter Other Seed Butters 1/4 cup	 Yogurt 8 oz	 Cheese 2 oz Weight	 Fish, Tuna 2 oz Weight
 Grahams & Animal Crackers, 0.9 oz	 Small Muffins 1.8 oz	 Pasta, Noodles 1/2 cup	 1 Large Egg	 Beans 1/2 cup	 Chicken, Turkey, Beef & Boneless Lean Meats 2 oz Weight - No Additives	
 Tortilla Chips, Tortillas, Taco Shell 0.9 oz	 Pizza Crust, Pita Bread, Soft Pretzel, 0.9 oz		 Only 1 oz maximum of Nuts & Seeds can count as meat			

2. Serve Two Types of Fruit and/or Vegetable totaling 3/4 cup served as two or more separate food items

 Canned Fruit & Vegetables	 100% Fruit or Veg Juice can count for only half the requirement, 3/8 cup	 Fresh Fruit	 Fresh Vegetables	 Frozen Vegetables
 Dried fruit and raisins count for the actual volume served instead of double, so 1.1 - 1.3 oz dried fruit packages qualify for about 1/4 cup		 Lettuce counts as volume served 1/2 cup lettuce = 1/2 c vegetable		

3. Milk - 8 fl oz - Only required to serve only 1 type of milk

Lots of Flexibility! Allowable types are pasteurized, unflavored or flavored whole milk, reduced-fat milk, low-fat milk, fat-free milk, buttermilk, lactose-reduced milk, or acidophilus milk, even dry powdered milk!

Milk substitutes (e.g., nondairy soy beverages) must meet the minimum nutrient standards in 7 CFR, Part 210.10(d)(3).

If you cannot obtain fluid milk due to an emergency, contact the CDE School Nutrition Programs by email at SNPINFO@cde.ca.gov to request a waiver

Remember to keep Product Formulation Statements on file to justify processed products like pizza and chicken nuggets.