# Updates for SY 2026-2027

**Final Rule for School Meal Standards (Passed in 2024) - no changes this school year**
*https://www.fna.usda.gov/cn/school-nutrition-standards-updates*

- Breakfast Cereal: <6g of added sugars per dry ounce
- Yogurt: <12g of added sugars per 6 ounces
- Flavored Milk: <10g of added sugars per 8 fluid ounces
- Sodium: Transitional standards

**Sodium Limits in Effect Through SY 2026-2027 Breakfast**

| Grade Group | Target |
|---|---|
| K-5 | ≤ 540 mg |
| K-8 | ≤ 540 mg |
| 6-8 | ≤ 600 mg |
| 9-12 | ≤ 640 mg |
| K-12 | ≤ 540 mg |

**Sodium Limits in Effect Through SY 2026-2027 Lunch**

| Grade Group | Target |
|---|---|
| K-5 | ≤ 1110mg |
| K-8 | ≤ 1110mg |
| 6-8 | ≤ 1225mg |
| 9-12 | ≤ 1280mg |

**Whole Milk for Healthy Kids Act (Starting 6/8/26)**
2% and whole milk is allowed in all Child Nutrition Programs: NSLP, SBP, NSLP Afterschool Snack Program, preschool meal pattern, Special Milk Program, and the CACFP

**UPF Bans - California - Ingredients of Concern:**

- **Jan 1, 2027:** Bans BVO, Potassium Bromate, Propylparaben, Red Dye 3
- **Dec 31, 2027:** Bans Blue 1 &2, Green 3, Red 40, Yellow 5&6

**Hot off the Press: Pledge for Healthier School Meals (7/14/26)**
Voluntary State-level Pledge announced at ANC. FNA is encouraging states to adopt and enforce. Provides insights into upcoming regulation changes related to the new DGAs.

- Replace breakfast pastries (Grains-based Desserts) with whole-food breakfast options
- Prepare meat and meat alternatives using healthy cooking methods
- Serve only 100% whole grain products
- Improve smart snacks served in schools
- Prioritize whole fruit
- Serve whole milk

*https://www.fna.usda.gov/schoolmeals/healthier-pledge*