

OVS CHALLENGE

Games for Fun Team Training

July 13, 2026, 2:45 pm

Melissa Manning, RDN





Speaker

Melissa Manning

CEO & Founder, My School RD



Why I show up.

I show up because of the people I work with, who lead with integrity, grit, and purpose.

I show up so students can focus on learning instead of hunger.

I show up because a meal can offer dignity, belonging, and sometimes, it feeds a lonely child's heart, as well.

Agenda

1. Offer versus Serve concepts to know.
2. OVS Game #1: Food Card Challenge
3. OCS Game #2: Online Quiz
4. Review and Q&A

Disclosures & Affiliations

Melissa Manning
CEO & Founder
My School RD

- 50+ School Districts
- Academy of Nutrition and Dietetics
- Chef Ann Foundation
- LunchAssist
- The Lunchmaster
- Institute of Child Nutrition (ICN)



Description

Let's play some OVS Challenge Games! OVS training is fun when it's served with a side of friendly competition. We'll start by playing a printable, easy-to-implement OVS game with endless combinations. Then we'll switch to a fast-paced phone quiz game created using a free digital quiz maker. Who has the fastest eye at spotting compliant OVS meals? Timed questions, real tray options, and a live leaderboard add playful pressure while testing your skills. Think fast and laugh a little while you learn!



Why does OVS Training Matter?

- Protects reimbursement
- Reduces AR anxiety
- Improves customer service
- Increases fruit and vegetable consumption



Common OVS Trouble Spots

- Student refuses the entrée
- Student doesn't take a fruit or veg
- Salad Bars
- Entrée Bars

- Speed and short serving times
- Breakfast rules versus Lunch rules
- Optional grain on the side
- Confusing Offer & Serve



QUESTION:

What OVS rule causes the most confusion in your district?



Game #1: Printable OVS Challenge

Why it works:

- Easy to print
- No technology required
- Quick to learn
- Staff involvement
- Endless combinations

How it works:

- Look at the tray
- Decide if it's reimbursable
- Explain why / why not

Let's Play!

Four people show their food.

For each meal:

- Reimbursable?
- If not, what is missing?

Briefly discuss, if needed.

Show next card.



Tips:

Blank cards represent the student refusing a food item.

Use actual menu items.

Hand out prizes or raffle tickets.

Let's Play!

Four volunteers show their food.

For each meal:

- Is it reimbursable?
- If not, what is missing?

Briefly discuss, if needed.

Show next card.



Game #2: Digital OVS Challenge

- Free quiz platforms available:
 - **Kahoot allows free image uploads**
- Phone or computer-based quiz
- Instant scoring
- Practice while waiting for meal service to start
- Paid version: Live leaderboards spark competition

Grab Your Phones, Play the Game!

Scan the QR code:



- Scan the QR code
- Click “Learn”
- Play the game
- What was your score?

How to Make Your Own Game

The screenshot displays the Kahoot! GO website. At the top, a purple banner promotes 'Kahoot!+' with a 'Buy now' button. Below this is a search bar and navigation links for 'Upgrade' and 'Create'. The left sidebar contains a menu with options: Home, Your learning, Discover, Library, Reports, Groups, Language Learning, and Kahootopia!. The main content area features a large orange banner for 'Ace your exams with Kahoot!+' and a 'Your toolbar' section with four cards: 'Create kahoot', 'Language Learning', 'AI generator', and 'Generate kahoot from PDF'. Below these is a 'Let's get started!' section with a carousel of six game cards: 'How to use Kahoot! self-study mode', 'Computer programming', 'Personal Financial Literacy', 'Emoji or Email? Communicate the Smart Way', 'Why Taking Challenging Classes In High School...', and 'Test your biodiversity IQ'. Each card shows a preview image, the number of questions, and the creator's name.



Questions?



Send follow-up questions to:

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We want to hear from *you*!

Please add this session
on the ANC App to
evaluate your experience.

